

# Living France

November 2010

For the life you've always dreamed of...

Beautiful PROPERTIES for every budget



## Winter Sparkle

Unwrapping Christmas delights in Lorraine

## YOUR CAR IN FRANCE

All your questions answered

## Life on two wheels

Five bike-mad Brits mix business with pleasure

## THE FRENCHMAN WANTS A WIFE

Swapping the high life for love in Lot

# Medieval Morbihan

Enjoying the tranquil life in Brittany's historic south

## WHEN THE CAT'S AWAY

Keeping your French home secure

# PLUS

- ❖ Short break: A weekend in medieval Troyes
- ❖ Expert advice: Pregnancy and maternity leave
- ❖ Property: Homes with businesses attached

9 770960 544050 12  
 ARCHANT LIFE £3.99

# Flavours of France

Celebrate all things epicurean with recipes, products and the latest food news

## food news

**Franco-Irish chef** Trish Desaine has launched a new range of cook's chocolate made in France and sold exclusively in Selfridges' Food Halls. Trish, who has lived in France for 20 years and is known as France's answer to Nigella, created dark, milk and white chocolate buttons along with decorative shards and dust as part of her 'Chocolate by Trish' range. The chocolate buttons have a high cocoa butter content that makes them melt more easily and are delicious when incorporated into tempting desserts. Trish has also launched a chocolate-making kit so



you can wow your friends and family with your homemade chocolate treats. Prices from £5. [www.chocolatebytrish.com](http://www.chocolatebytrish.com)...

**A visit to France** in late autumn isn't complete without indulging in the seasonal delight of chestnuts. The nut is a speciality of the

department of Ardèche in Rhône-Alpes where up to 5,500 tonnes are produced every year making up 50% of France's overall production. The Châtaigne d'Ardèche, which was granted AOC status in 2006, is used in both sweet and savoury dishes and there is even a chestnut liqueur which is delicious served with white wine for a twist on the traditional kir cocktail. From mid-October to mid-November the Castagnades d'automne festival takes place in the department with plenty of tasting opportunities on offer. [www.chataigne-ardeche.com](http://www.chataigne-ardeche.com)